

Brownsville ISD Food & Nutrition Service

No.	Description	Portion Size	Carbohydrates (Grams)
20-21			
001829	BB, Assorted	EA	61.00
001801	BB, CTC Cereal Bar, ES Foods	EA	65.00
001798	BB, Froot Loops: RS, WG, ES Fo	EA	59.00
001800	BB, Lucky Charms, WG	EA	58.00
001802	BB, Muffin, Choco Chip, WG	EA	63.00
001816	BB, Nutri-Grain, Strawberry	EA	63.00
001815	BB, Trix Cereal Bar, ES Foods	EA	62.00
001799	BB, Trix, WG, ES Foods	EA	57.00
001781	BBQ Rib Patty on a Bun: JTM	EA	42.00
001349	Beans, Ranch Style	1/2C	21.03
001621	Beans, Ranch Style:1/4c	1/4C	10.51
000974	Beans, Refried: Dehydrated	1/2C	21.06
000695	Beef Breaded Steak Fingers	4 EA	19.00
001783	Beef Nachos:85-15	EA	36.20
001107	Beef Nachos:90-10	EA	36.20
000904	Benefit Bars, Assorted	EA	47.69
001762	Bento Box Yogurt & Ch: 1/4cF	EA	45.90
001760	Bento Box Yogurt & Cheese	EA	65.46
001774	Bento Box,Trky Ham/Ch:SL 1/2's	EA (1/2)	65.55
001790	Bento Box: Gr. Cheese/Bac,sup	EA	72.70
001761	Bento Box: PB&J/Ch-1/4cF	EA	73.76
001734	Bento Box: PB&J/Ch-Carrot	EA	56.17
001759	Bento Box: PB&J/Ch-Celery	EA	50.87
001764	Bento Box: Turkey/Ch,supper	EA	67.80
001673	Bento Box: Turkey/Cheese	EA	35.50
001796	Bento Trky Ham/Ch:1/2's-jic	EA (1/2)	28.48
001795	Bento Yogurt & Ch: 1/4cF-cucum	EA	37.84
001794	Bento: PB&J/Ch-1/4cF-Cucum	EA	73.76
001849	Biscuit & Chx Sausage:Lonestar	EA	25.28
001848	Biscuit & Sausage: Chix, Pilsb	EA	27.88
001548	Biscuit & Sausage: Lonestar	EA	25.38
001773	Biscuit w/ Trk & Ch: White LSB	EA	27.62
001821	Biscuit, Ez Split, Pillsbury	EA	0.23
001686	Biscuit: White Lonestar	EA	27.12
001777	Blueberries w/ Lemon Sauce	1/2 C	15.97
001776	Blueberries w/ Lemon Sauce1/4c	1/4 C	7.99
001748	Blueberry Lemon Sauce:QTY	Gallons	543.48
001371	Breaded Beef Patty, WG-Advance	EA	19.17
001109	Breadstick,Garlic:6 inch	EA	17.00
000796	Breakfast Croissant:HC w/ egg	EA	32.17
001839	Breakfast Croissant:no egg	EA	31.00
001754	Breakfast, Cin Toast Bar: GM	EA	41.00
001753	Breakfast, Cocoa Bar: GM	EA	44.60
000860	Broccoli Florets	1/2 C	4.57
001780	Brownie Cup: WGR(DAVE'S)-1.7oz	EA	26.47
001730	Calabaza con Chicken Fajitas	1C + #6 scoop	19.53
000542	Carrot Coins: Crinkle cut	1/2 C	7.04
001836	Carrots, Baby:1/2c	1/2 C	5.58
000650	Carrots, Baby:1/2c	1/2 C	9.07
001755	Carrots, Baby:1/4c	1/4 C	4.25
001733	Celery Sticks:raw 1/2c	1/2 C	2.39
001756	Celery Sticks:raw 1/4c	1/4 C	1.20
001113	Cereals, Assorted:2 gb	EA	47.25
001830	Cheese Bites: Farm Rich WG	2 EA	16.65
001022	Cheese Enchiladas: IF-SLent-2	2 EA	26.97
001843	Cheese Enchiladas: IF-SLent-3	2 EA	28.64
001833	Cheese Enchiladas: IF-SLent-3	3 EA	42.96
001846	Cheese Sauce, Cheddar, JTM, 57	OZ	1.10
001351	Cheese Sauce:Great Plains	1 OZ	2.91
001683	Cheese: shredded .5oz	.5oz	1.01

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001662	Cheeseburger:DL-ELEM	EA	27.36
001775	Cheeseburger:DL-HS	EA	27.66
001663	Cheeseburger:DL-MSHS	EA	27.66
001745	Chicken Alfredo:diced chix	EA	31.02
001779	Chicken Bowl:Popcorn Chicken	EA	76.00
001653	Chicken Burger: 30ct GK	EA	43.86
001782	Chicken Burger: 78ct RC	EA	39.86
001417	Chicken Drumsticks,Breaded	EA	22.46
000849	Chicken Nuggets:PK-8	5 EA	15.77
001766	Chicken Salad & Crackers	EA	69.01
001525	Chicken Strip WG: GoldKist	3 EA	15.00
000785	Chicken Taco, Crispy:ELMS	2 EA	24.27
001808	Chicken Taco, Soft:ELMS	2 EA	24.27
001813	Chicken Wings: Roasted	5 EA	8.41
001834	Chicken Wings: Roasted-6pcs	6 EA	10.19
001652	Chicken, Popcorn:Goldkist	10 CT	12.99
001768	Cinnamon Flatbread	EA	13.81
000658	Cinni Minis	EA	40.00
000963	Corn, Golden	1/2 C	18.25
000884	Craisins/Raisins, Assorted	EA	38.99
001837	Cranberries/Raisins, BULK	EA	42.73
001414	Dinner Roll. WGR:Rich's 1oz	EA	15.95
001450	Dinner Roll. WGR:Rich's 2oz	EA	28.00
001817	Donut Holes:2.46oz WG	6ct	30.00
001771	Donut, WG: Fortified-DAVES	EA	49.03
001820	Dried Fruit, Assorted	#30sc	22.68
001516	Enchilada Sauce:all grades	1oz	2.29
001797	EnchiladaTaco Salad:Sup-Plu	EA	53.58
001770	EnchiladaTaco Salad:Supper	EA	85.03
001803	French Toast Sticks:Rich's	3 ct	41.00
001788	Frito Pie:85-15	EA	25.59
001533	Frito Pie:90-10	EA	33.52
000530	Fruit, Canned, Assorted	1/2 C	22.16
000531	Fruit, Fresh Asst: Lunch	EA	17.40
000818	Fruit, Fresh, Asst.: Breakfast	EA	24.21
001850	Fruit, Frozen Cup, Asst., Rosa	EA	25.00
001793	Fruit, Plums, Raw	EA	7.54
001841	Graham SuperBear Choco. Cracke	EA	21.00
001814	Grahams, ChatSnax:Kelloggs	EA	21.25
001819	Gravy, Brown:LS #16sc	2 oz	4.05
000805	Gravy, Brown:LS #30sc	1 oz	2.02
001534	Green Beans, Buttered:FRZ	1/2 C	6.03
000936	Hot Dog: k-8	EA	29.00
001792	Jicama	PKG	7.20
001805	Juice Bar:Wild Cherry	EA	10.00
001494	Juice, Assorted: 4oz	4oz	13.50
000681	Ketchup, pc:18gm	PC	5.00
001757	Marinara Sauce, 2oz	2 oz	11.25
001758	Marinara Sauce, 4oz	4 oz	11.02
000180	Mashed Potatoes /Pearls -Excel	1/2 C	14.60
001826	MB, Chicken Bites, ES Foods	EA	76.20
001823	MB, Jumbo Cheese Stx, ES Food	EA	42.99
001827	MB, No Nut Butter Cho, ES Food	EA	68.00
001838	Meal Breaks, Assorted	EA	65.60
001828	Meal Breaks, Distribution, ES	EA	62.40
001845	Meal Kit, 7 Day: B ES Foods	EA	103.00
001844	Meal Kit, 7 Day: S ES Foods	EA	59.62
001554	Meatball Pinwheel, ES Foods	EA	32.00
000915	Milk, 1% Plain:BORDENS	EA	12.00
000918	Milk, Skim, Chocolate:BORDENS	EA	19.00
000916	Milk, Skim, Plain:BORDEN	EA	12.00
000831	Milk,Lactose Skim Milk	EA	13.00
001547	Mini Confetti Pancakes: WG	EA	36.00

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001752	Muffin, Blueberry:WG Dave	EA	45.50
001551	Muffin, Breakfast: Choco.	EA	40.00
000866	Nacho Scoops:Chix	EA	27.07
001818	Nachos, Pork: Richs	EA	21.00
001582	Pickle Slices	3 EA	0.25
001274	Pico de Gallina	1/4C	4.00
001772	Pico de Gallo:1/2c	1/2C	8.24
001017	Pizza Crunchers, Farm Rich:4ct	4CT	45.62
001765	Pizza Kit:Build Your Own	EA	84.40
000930	Pizza, Assorted, WW,4X6	EA	29.50
001811	Pizza, French Bread, Ch/Garlic	EA	28.91
001812	Pizza, Stuff Crust, Pepperoni	EA	30.06
001641	Pizza: 5" WM Deep Dish	EA	33.92
001651	Pizza: 5inch Pep Nardone	EA	32.59
001804	Pizza: 6" Nardone Deep Dish	EA	28.99
001648	Pizza: 6inch Pep Nardone	EA	29.98
001649	Pizza: Pep,Nardone,Pizzeria	EA	29.00
000763	Pop Tarts WG, Frosted:2ct IW	1 pkg	75.50
001714	Pork, BBQ Pulled Burger	EA	27.78
001342	Pork,Pulled Burger: Rich's	EA	25.86
001343	Potato, Fries, Crinkle:	1/2C	19.50
000074	Potato, Tater Tots	10 CT	17.01
001822	Power Pack w/ Fruit:2ozMMA	EA	74.79
001810	Pub Cheeseburger	EA	30.50
000641	Ranch Dip Cup: 1oz	EA	1.00
001785	Salad, Grilled Chix:Supper	EA	49.97
001787	Salad, Turkey Strip:Supper	EA	65.21
001268	Salisbury Steak:2.14oz	EA	3.03
001789	Salsa, Homemade	2 OZ	1.59
001842	Slush, Cool Tropics, 100% Veg	EA	20.00
001824	Southern Style Biscuit, Pillsb	EA	24.00
001831	Spaghetti & Chix Meatballs:5ct	5 EA + 1/2C	40.56
000743	Spaghetti & Meatballs: 4 CT WG	4 EA + 1/2C	39.03
001269	Spaghetti & Meatsauce: WG	1/2c+#10sc	40.06
000730	Spanish Brown Rice	1/2 C	23.96
001538	Spanish Rice:White	1/2 C	29.08
000894	Stuffing: WGR	1/4c	6.62
000844	SW, Grill Cheese Turkey Bacon	EA	31.95
001835	SW, Hoagie Sandwich:EL/MS	EA	31.00
001624	SW, Homemade Gr. Cheese:2oz	EA	28.00
001847	SW, Tky Bologna, Tky Salami,	EA	28.00
000131	Syrup, Pancake: Madeira Cup	EA	30.37
001667	Tajin Spice: 1gm, low sodium	EA	0.50
001156	Tamales: 2ct Pork	2 EA	22.28
001840	Tamales: 3ct Pork	3 EA	33.42
001832	Turkey Breast Coins: 1.75" sl	5 sl	0.00
001675	Turkey Breast Sliced:HS	3 Slices	6.10
000399	Uncrustables: Smuckers	EA	33.00
001718	Veg. Medley,Seas.:Frz 1/2c	1/2C	5.05
001809	Waffle, WG:Dutch, 5"/48ct	EA	35.83
001578	Wild Mikes Ch Breadstix:1ea	EA	15.82
001636	Wild Mikes Ch. Breadstix:2ea	2 EA	31.63
001767	Wrap-Minis, Trky/Ch:Supper	EA	34.42
001778	Wrap-Squares, Trky/Ch:Supper	EA	62.42
001825	Yogurt Parfait w/ Crais:2ozMMA	EA	86.96
001791	Yogurt Parfait w/ Fruit:2ozMMA	EA	53.11
001769	Yogurt/Blub/Cinn Cup: 1/4cF	EA	36.81
001660	Zucchini Melt	1/2 C	6.47
001784	Zucchini, Seasoned	1/2 C	5.78

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