

Brownsville ISD Food & Nutrition Service

No.	Description	Portion Size	Carbohydrates (Grams)
20-21			
001801	BB, Cereal Bar	EA	65.00
001798	BB, Froot Loops: RS, WG, ES Fo	EA	59.00
001800	BB, Lucky Charms, WG	EA	58.00
001802	BB, Muffin, Choco Chip, WG	EA	63.00
001799	BB, Trix, WG, ES Foods	EA	57.00
001781	BBQ Rib Patty on a Bun: JTM	EA	42.00
001349	Beans, Ranch Style	1/2C	21.03
001621	Beans, Ranch Style:1/4c	1/4C	10.51
000974	Beans, Refried: Dehydrated	1/2C	21.06
000695	Beef Breaded Steak Fingers	4 EA	19.00
001783	Beef Nachos:85-15	EA	36.20
001107	Beef Nachos:90-10	EA	36.20
000904	Benefit Bars, Assorted	EA	47.69
001762	Bento Box Yogurt & Ch: 1/4cF	EA	45.90
001760	Bento Box Yogurt & Cheese	EA	65.46
001774	Bento Box,Trky Ham/Ch:SL 1/2's	EA (1/2)	59.54
001790	Bento Box: Gr. Cheese/Bac,sup	EA	72.70
001761	Bento Box: PB&J/Ch-1/4cF	EA	78.80
001734	Bento Box: PB&J/Ch-Carrot	EA	56.17
001759	Bento Box: PB&J/Ch-Celery	EA	50.87
001764	Bento Box: Turkey/Ch,supper	EA	84.70
001673	Bento Box: Turkey/Cheese	EA	35.50
001796	Bento Trky Ham/Ch:1/2's-jic	EA (1/2)	28.48
001795	Bento Yogurt & Ch: 1/4cF-cucum	EA	37.84
001794	Bento: PB&J/Ch-1/4cF-Cucum	EA	73.76
001548	Biscuit & Sausage: Lonestar	EA	25.38
001773	Biscuit w/ Trk & Ch: White LSB	EA	27.62
001686	Biscuit: White Lonestar	EA	27.12
001777	Blueberries w/ Lemon Sauce	1/2 C	15.97
001776	Blueberries w/ Lemon Sauce1/4c	1/4 C	7.99
001748	Blueberry Lemon Sauce:QTY	Gallons	543.48
001371	Breaded Beef Patty, WG-Advance	EA	19.17
001109	Breadstick,Garlic:6 inch	EA	17.00
000796	Breakfast Croissant:HC w/ egg	EA	32.17
001754	Breakfast, Cin Toast Bar: GM	EA	41.56
001753	Breakfast, Cocoa Bar: GM	EA	44.60
000860	Broccoli Florets	1/2 C	4.57
001780	Brownie Cup: WGR(DAVE'S)-1.7oz	EA	26.47
001730	Calabaza con Chicken Fajitas	1C + #6 scoop	19.53
000542	Carrot Coins: Crinkle cut	1/2 C	7.04
000650	Carrots, Baby:1/2c	1/2 C	6.80
001755	Carrots, Baby:1/4c	1/4 C	4.25
001733	Celery Sticks:raw 1/2c	1/2 C	2.39
001756	Celery Sticks:raw 1/4c	1/4 C	1.20
001113	Cereals, Assorted:2 gb	EA	47.25
001351	Cheese Sauce:Great Plains	1 OZ	2.91
001683	Cheese: shredded .5oz	.5oz	1.01
001662	Cheeseburger:DL-ELEM	EA	27.36
001775	Cheeseburger:DL-HS	EA	27.66
001663	Cheeseburger:DL-MSHS	EA	27.66
001745	Chicken Alfredo:diced chix	EA	31.02
001779	Chicken Bowl:Popcorn Chicken	EA	76.00
001653	Chicken Burger: 30ct GK	EA	43.86
001782	Chicken Burger: 78ct RC	EA	39.86
001417	Chicken Drumsticks	EA	22.46
000849	Chicken Nuggets:PK-8	5 EA	15.77
001766	Chicken Salad & Crackers	EA	69.01
000785	Chicken Taco, Crispy:ELMS	2 EA	24.27
001652	Chicken, Popcorn:Goldkist	10 CT	12.99
001768	Cinnamon Flatbread	EA	13.81

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000658	Cinni Minis	EA	40.00
000963	Corn, Golden	1/2 C	18.25
000884	Craisins/Raisins, Assorted	EA	38.99
001414	Dinner Roll. WGR:Rich's 1oz	EA	15.95
001450	Dinner Roll. WGR:Rich's 2oz	EA	24.88
001771	Donut, WG: Fortified-DAVES	EA	49.03
001516	Enchilada Sauce:all grades	1oz	2.29
001797	EnchiladaTaco Salad:Sup-Plu	EA	53.58
001770	EnchiladaTaco Salad:Supper	EA	85.03
001803	French Toast Sticks:Rich's	3 ct	41.00
001788	Frito Pie:85-15	EA	25.59
001533	Frito Pie:90-10	EA	33.52
000530	Fruit, Canned, Assorted	1/2 C	22.16
000531	Fruit, Fresh Asst: Lunch	EA	17.40
000818	Fruit, Fresh, Asst.: Breakfast	EA	24.21
001793	Fruit, Plums, Raw	EA	7.54
000805	Gravy, Brown: Instant LS	1 oz	2.02
001534	Green Beans, Buttered:FRZ	1/2 C	6.03
000936	Hot Dog: k-8	EA	29.00
001792	Jicama	PKG	7.20
001805	Juice Bar:Wild Cherry	EA	10.00
001494	Juice, Assorted: 4oz	4oz	13.50
000681	Ketchup, pc:18gm	PC	5.00
001757	Marinara Sauce, 2oz	2 oz	11.25
001758	Marinara Sauce, 4oz	4 oz	11.02
000180	Mashed Potatoes /Pearls -Excel	1/2 C	14.60
001554	Meatball Pinwheel, ES Foods	EA	32.00
000915	Milk, 1% Plain:BORDENS	EA	12.00
000918	Milk, Skim, Chocolate:BORDENS	EA	19.00
000916	Milk, Skim, Plain:BORDEN	EA	12.00
000831	Milk,Lactose Skim Milk	EA	13.00
001547	Mini Confetti Pancakes: WG	EA	36.00
001752	Muffin, Blueberry:WG Dave	EA	45.50
001551	Muffin, Breakfast: Choco.	EA	40.00
001582	Pickle Slices	3 EA	0.25
001274	Pico de Gallina	1/4C	4.00
001772	Pico de Gallo:1/2c	1/2C	8.24
001017	Pizza Crunchers, Farm Rich:4ct	4CT	45.62
001765	Pizza Kit:Build Your Own	EA	87.65
000930	Pizza, Assorted, WW,4X6	EA	29.50
001641	Pizza: 5" WM Deep Dish	EA	33.92
001651	Pizza: 5inch Pep Nardone	EA	32.59
001804	Pizza: 6" Nardone Deep Dish	EA	29.98
001648	Pizza: 6inch Pep Nardone	EA	29.98
001649	Pizza: Pep,Nardone,Pizzeria	EA	29.00
000763	Pop Tarts WG, Frosted:2ct IW	1 pkg	151.00
001714	Pork, BBQ Pulled Burger	EA	27.78
001342	Pork,Pulled Burger: Rich's	EA	25.86
000074	Potato, Tater Tots	10 CT	17.01
000641	Ranch Dip Cup: 1oz	EA	1.00
001785	Salad, Grilled Chix:Supper	EA	49.97
001787	Salad, Turkey Strip:Supper	EA	50.48
001789	Salsa, Homemade	2 OZ	1.59
000743	Spaghetti & Meatballs: 5 CT WG	5 EA + 1/2C	40.06
001269	Spaghetti & Meatsauce: WG	1/2c+#10sc	40.06
000730	Spanish Brown Rice	1/2 C	23.96
001538	Spanish Rice:White	1/2 C	29.08
000844	SW, Grill Cheese Turkey Bacon	EA	31.95
001624	SW, Homemade Gr. Cheese:2oz	EA	28.00
000131	Syrup, Pancake: Madeira Cup	EA	30.37
001667	Tajin Spice: 1gm, low sodium	EA	0.50
001156	Tamales: 2ct Pork	2 EA	22.28
001675	Turkey Breast Sliced:HS	3 Slices	6.10

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000399	Uncrustables: Smuckers	EA	33.00
001718	Veg. Medley, Seas.:Frz 1/2c	1/2C	14.21
001578	Wild Mikes Ch Breadstix:1ea	EA	15.82
001636	Wild Mikes Ch. Breadstix:2ea	2 EA	31.63
001767	Wrap-Minis, Trky/Ch:Supper	EA	34.42
001778	Wrap-Squares, Trky/Ch:Supper	EA	62.42
001791	Yogurt Parfait w/ Fruit:2ozMMA	EA	47.59
001769	Yogurt/Blub/Cinn Cup: 1/4cF	EA	36.81
001660	Zucchini Melt	1/2 C	7.80
001784	Zucchini, Seasoned	1/2 C	5.78

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